

PositivelyWaiting.com

## Positively Waiting! 6.0 The resistance training phase SEP 2022

## Coming in October 2022: The Kropfs in CA!

The Los Angeles Sheriff's Department VIDA program for teens and their parents has invited us back in Oct. 2022 for the 12th year! If you can, would you please consider a financial gift to help defray the costs?

Thank you for helping us stay true to our founding commitment to "never turn down a request because of money," and to keep talking to other people's kids as long as there is community support for us to do it.

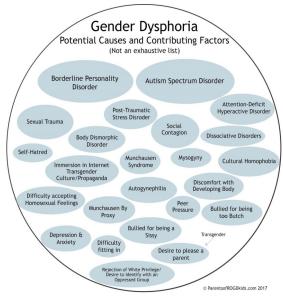




Meet our amazing CA interpreter, Estela Nathan! She has been interpreting *Positively Waiting* parent presentations since 2011. Driving from LA to the Santa Clarita or Antelope Valley after a long workday, just to make sure our Spanish-speaking parents get the same quality presentation including both humor and passion!

Estela began volunteering with PW after attending a workshop for singles. Now married and mentoring others to the standard she chose, you should see this fetching firecracker impacting lives!

## Who Is Predisposed for ROGD?



"Rapid Onset Gender Dysphoria" — a phenomenon whereby an adolescent (typically female) identifies as "trans" although she never expressed or exhibited any previous body dysmorphism. Before 2012, there was no scientific literature on girls 11-21 developing gender dysphoria. Now, suddenly there are thousands of girls coming out as trans every year. What happened?

Well, there are some commonalities among these girls"

- 1. They have at least one friend who identifies as trans
- 2. They spend hours on social media
- 3. They may be on the autism spectrum
- 4. They have been bullied
- 5. They have few coping skills
- 6. They have been exposed to sado-masochistic porn
- 7. They are desperate to fit in
- 8. They are white

Each of these might make sense to you until you get to "whiteness." This designation drops a person into the classification of "oppressor" because of Critical Race Theory. Whiteness is a category they can't escape unless they can ascend the victim ladder (race, gender, class). Race and class being out of their control, a "trans" identity gives the girl struggling to fit in, not only the group affirmation she hungers for, but also the power to correct what adults say or do. Heady stuff for a pre-teen who has been bullied or overlooked.

Is there anything parents can do to head this phenomenon off before it starts? *Positively!* 

- Prepare your daughters LONG BEFORE IT HAPPENS for the distress and discomfort of puberty. Use analogies like "caterpillar into butterfly": it's a necessary period of change in order to produce a thing of great beauty.
- Work out strategies to navigate periods, accidents and hormones, by setting up code words to avoid embarrassment. Remind family members about respecting bodily privacy.
- Demonstrate menstrual products before they need to be used — go on a "girls only" shopping trip to discuss preferences, application and accidents, so your daughter knows "it happens, its normal."
- Talk about the awkwardness of body changes and unexpected attention you experienced, so it doesn't come as a surprise.

The more information and perspective your daughter has, the more resistant she will be to peer-pressure. The younger you start, the less chance of a successful indoctrination happening outside of your influence.



One Awkward Mom @oneawkwardmom

I asked my husband to hand me my birth control while he was up and he brought me one of our kids instead. Well played





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With the social media taking the place of actual relationships, your teen needs lots of opportunities to

practice being interesting, empathetic, generous and curious. Adolescents are naturally self-absorbed and risk-adverse. As much as they might complain, the ability to walk into a new situation and ask a question or make someone an ally is one of THE MOST IMPORTANT SKILLS you can impart.

One way to do that, Coach, is to prepare your teen for the experience by setting up a social situation for them to navigate:

- Go to a restaurant they have never been to before and get a "to-go" order that requires some special prep (no carb or gluten-free.)
- Have them open a bank account in-person without any help besides your signature.
- At a museum or exhibition of their interest, find and ask a docent for permission to "shadow" them an hour or two.

Kids are taught "don't talk to strangers" when they are small, but rarely get the practice they need to be both curious and interesting as young adults.

To schedule a Presentation, Singles Seminar or Marriage Retreat. Call 1-501-358-1172 or email justask@PositivelyWaiting.com Virtual meetings are also an option!



COACHTS

Clipboard

MoneyMustardMama @HoneyMustardMa

I'm jealous of toddlers and their lack of social norms.

Imagine seeing someone you don't want to talk to, and the second they open their mouth, you just scream "NO" in their face and run away.